



Our Family Recipes

Dad's Barbeque Chuck Roast

Main Dishes

(Kenneth Edward Churma)

I remember Dad cooking this in the inside barbeque, as well as on the front patio. Mom usually made the foil shoestring potatoes or onion rings and salad. Yummy!!!!

7-Blade Chuck Roast

Mustard

Salt and pepper

Smear the meat with mustard on all sides. Sprinkle with salt and pepper. Barbeque on a hot fire on all sides to seal in juices. Cook on a reduced fire 'til done.