



Our Family Recipes

Lou's Spaghetti Sauce

(Louise Cheran Yerkes Thompson)

Pasta Sauces

1 lb ground beef
1 lg onion, diced
2 to 3 cloves garlic, diced
1 lb mushrooms, sliced thickly
All to taste: Rosemary
 Parsley
 Sage
 Thyme
 Basil
 Oregano
 Salt & pepper
1 sm can tomato paste
2 15oz cans tomato sauce

Brown meat in large pot
Add onion, garlic - cook until soft
Add mushrooms and herbs
Cook about five minutes, stirring frequently
Add tomato paste, stir
Add tomato sauce, stir
Simmer forever
Stir a lot