



Our Family Recipes

Lou's Taco Dip

(Louise Cheran Yerkes Thompson)

Before the Meal

16oz refried beans
Shilling's or Lawrey's Taco Mix
Small container avocado dip
Small container sour cream
Small can green chili
Small can chopped olives
Small onion, finely chopped
Large tomato, chopped
½ pound Jack or cheddar cheese, grated

Mix beans and taco mix together
Spread into a 9x12 inch glass pan
Spread the remaining ingredients on top of the bean mix, one at a time, in the order in which they are listed

Serve with tortilla chips or fresh vegetables

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