



## *Our Family Recipes*

### **Lou's Taco Salad**

(Louise Cheran Yerkes Thompson)

### **Salads**

1 head lettuce, chopped  
4 tomatoes, chopped  
2 avocados, chopped  
1 can sliced olives  
1 can kidney beans  
1 red onion, chopped  
1 cup grated cheese  
1 package tortilla chips  
1 pound cooked, cooled ground beef

Mix all ingredients together in a large bowl

#### **Dressing:**

1 T Worcestershire sauce  
1 can tomato soup  
 $\frac{3}{4}$  cup salad oil  
 $\frac{1}{8}$  cup red wine vinegar  
1 t salt  
 $\frac{1}{2}$  cup sugar (optional)  
1 clove garlic, crushed or minced  
 $\frac{1}{4}$  t dry mustard  
 $\frac{1}{2}$  t paprika

Mix all dressing ingredients

Mix with salad