



Our Family Recipes

Mom's Beef Roast

(Jaclyn Louise Traverso Yerkes Churma)

Main Dishes

1 T Chef's Salt (find recipe in Rubs/Marinade section)

½ t sugar

1 t coarse black pepper

2-3 T Kitchen Bouquet

½ cup corn oil

Massage mixture of all ingredients into beef roast

Sear in broiler

Add 1 cup canned consommé

Wrap in foil

Roast at 350° for 40 minutes