

## **Mom's Meat Loaf**

**Main Dishes** 

(Jaclyn Louise Traverso Yerkes Churma)

1 lb ground chuck ½ lb ground pork ¼ cup onion flakes 1 egg ¼ cup ice water ¼ cup bread crumbs Parsley Thyme Salt & pepper 1 T Worcestershire

Mix all ingredients together Place mixture in loaf pan Bake at 350° for 1 hour

**Note:** Mom would make a **Surprise Meat Loaf** using the recipe above, but with additions.

Use  $\frac{2}{3}$  of the meat mixture forming a "bowl" in the loaf pan (bottom and sides) Inside depression add slices of dill pickles, thinly sliced onion, ketchup, mustard Use  $\frac{1}{3}$  meat mixture to form the top of the meat loaf Bake at 350° for 1 hour

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.