



Our Family Recipes

Mom's Meat Loaf

(Jaclyn Louise Traverso Yerkes Churma)

Main Dishes

1 lb ground chuck
½ lb ground pork
¼ cup onion flakes
1 egg
¼ cup ice water
¼ cup bread crumbs
Parsley
Thyme
Salt & pepper
1 T Worcestershire

Mix all ingredients together
Place mixture in loaf pan
Bake at 350° for 1 hour

Note: Mom would make a **Surprise Meat Loaf** using the recipe above, but with additions.

Use $\frac{2}{3}$ of the meat mixture forming a "bowl" in the loaf pan (bottom and sides)
Inside depression add slices of dill pickles, thinly sliced onion, ketchup, mustard
Use $\frac{1}{3}$ meat mixture to form the top of the meat loaf
Bake at 350° for 1 hour