



## *Our Family Recipes*

### **Mom's Stufato**

(Jaclyn Louise Traverso Yerkes Churma)

### **Main Dishes**

Chunks of beef, browned

Tagliarini\* Gravy without ground meat and mushrooms

Cover, let simmer for one hour

Add carrots and potatoes

Cover, let simmer

Stew is ready when meat is tender and vegetables are cooked

Note: I add frozen peas 10 minutes before serving; Mom said she sometimes added artichoke hearts and/or bell peppers

\* See Mom's Tagliarini Gravy